

## Sports Health BS Four-Year Plan

<b>FALL</b>	<b>SPRING</b>
<b>First Year</b>	
KAAP 106 - Seminar for Pre-Athletic Training I	KAAP 107 - Seminar for Pre-Athletic Training II
KAAP 155 - Lifestyle Awareness - Athletic Trainers	ENGL 110 - First-Year Writing
BISC 207 - Introductory Biology I and BISC217 - Introductory Biology I Laboratory	CHEM 103 - General Chemistry and CHEM 133 - General Chemistry Laboratory
MATH 115 - Pre-Calculus or MATH 221 - Calculus I	PSYC 100 - General Psychology
MMSC 200 - The Language of Medicine	History and Cultural Change Breadth Requirement
	HBNS 200 - Nutrition Concepts
Credits: 14	Credits: 17
<b>Second Year</b>	
KAAP 206 - Seminar for Pre-Athletic Training III	KAAP 207 - Seminar for Pre-Athletic Training IV
KAAP 210 - Emergency Management of Injuries and Illnesses	KAAP 305 - Fundamentals of Sports Health Care
KAAP 309 - Human Anatomy and Physiology I	KAAP 310 - Human Anatomy & Physiology II
HDFS 201 - Life Span Development	KAAP 320 - Principles of Strength/Conditioning
Multicultural Breadth Requirement	HBNS 310 - Nutrition and Activity
STAT 200 - Basic Statistical Practice	Free Elective (1/2)
Credits: 17	Credits: 17

FALL	SPRING
<b>Third Year</b>	
KAAP 306 - Seminar for Pre-Athletic Training V	KAAP 307 - Seminar for Pre-Athletic Training VI
PHYS 201 - Introductory Physics I and PHYS 221 - Introductory Physics Laboratory I	KAAP 426 - Biomechanics I
KAAP 430 - Exercise Physiology	KAAP 400 - Research Methods
HBNS 311 - Issues in Health Behavior Science	HLTH 241 - Ethical Aspects of Healthcare
	Free Elective (2/2)
Credits: 12	Credits: 15
A total of at least 92 credits is required to enter the Master's portion of the 3+2 program.	
<b>Minimum Admission Criteria for 3+2 Program.</b>	
<b>Fourth Year</b>	
<p>*The fourth year is for those who are not admitted to the 3+2 Sports Health/MS-AT program or those who decide they no longer want to pursue the MS-AT degree.</p> <p>**Students who opt out of pursuing the MS-AT degree program during their freshman/sophomore/junior years may be waived out of the Seminar for Pre-AT sequence of classes and in their place choose elective classes as a reasonable substitution.</p>	
<b>Total Credits: 120</b>	

\*See program page for approved courses. A minimum of 9 credits must be taken from the "Additional KAAP Credits" group.

**Disclaimer:** Four-Year Plans are a Departmental suggestion of how a student could complete this degree in four years (eight semesters). Students may opt to take courses in the summer or winter sessions. These plans do not take into account additional requirements brought on by minors or other majors. A Four-Year Plan is subject to change from year-to-year given the resources and focuses of the Department. It is the student's responsibility to meet with his or her assigned advisor at least once a semester to monitor

progress and ensure that he or she is on track to graduate on time. This document is intended as a supplemental advisement tool to be used in conjunction with in-person advisement and the Degree Audit. Students should direct any questions or concerns regarding degree progress to their advisor or Academic Assistant Dean.