

Kinesiology BS Four-Year Plan

FALL	SPRING
First Year	
BISC 207 - Introductory Biology I and BISC217 - Introductory Biology I Laboratory	BISC 208 - Introductory Biology II and BISC218 - Introductory Biology II Laboratory
CHEM 103 - General Chemistry and CHEM 133 - General Chemistry Laboratory	CHEM 104 - General Chemistry and CHEM 134 - General Chemistry Laboratory
KAAP 105 - First Year Seminar in Kinesiology	ENGL 110 - First-Year Writing
KAAP 180 - Introduction to Kinesiology	PSYC 100 - General Psychology
MMSC 200 - The Language of Medicine	
Credits: 15	Credits: 14
Second Year	
KAAP 309 - Human Anatomy & Physiology I	KAAP 310 - Human Anatomy & Physiology II
MATH 221 - Calculus I	PHYS 201 - Introductory Physics I and PHYS 221 - Introductory Physics Laboratory I
HBNS 200 - Nutrition Concepts	STAT 200 - Basic Statistical Practice
Multicultural Requirement	Breadth Requirement (1/2)
Free Elective (1/9)	Free Elective (2/9)
Credits: 16	Credits: 17
Third Year	
KAAP 305 - Fundamentals of Sports Health Care	KAAP 428 - Motor Control and Learning
KAAP 353 - Pre-Professional Seminar	KAAP 430 - Exercise Physiology

FALL	SPRING
PHYS 202 - Introductory Physics II and PHYS 222 - Introductory Physics Laboratory II	Breadth Requirement (2/2)
Free Elective (3/9)	KAAP Specialized Elective (1/3)*
Free Elective (4/9)	
Credits: 15	Credits: 14
Fourth Year	
KAAP 426 - Biomechanics I	KAAP Specialized Elective (3/3)*
KAAP 400 - Research Methods (DLE and Capstone)	Free Elective (6/9)
PSYC 325 - Principles of Developmental Psychology or PSYC 334 - Principles of Psychopathology	Free Elective (7/9)
KAAP Specialized Elective (2/3)*	Free Elective (8/9)
Free Elective (5/9)	Free Elective (9/9)
Credits: 14	Credits: 15
Total Credits: 120	

*See program page for approved courses.

Disclaimer: Four-Year Plans are a Departmental suggestion of how a student could complete this degree in four years (eight semesters). Students may opt to take courses in the summer or winter sessions. These plans do not take into account additional requirements brought on by minors or other majors. A Four-Year Plan is subject to change from year-to-year given the resources and focuses of the Department. It is the student's responsibility to meet with his or her assigned advisor at least once a semester to monitor progress and ensure that he or she is on track to graduate on time. This document is intended as a supplemental advisement tool to be used in conjunction with in-person advisement and the Degree Audit. Students should direct any questions or concerns regarding degree progress to their advisor or Academic Assistant Dean.